



Goldmark Training

SAFEGUARDING CATALOGUE



WWW.GOLDMARKTRAINING.CO.UK

Our Director



*Tara Hussain - Cognitive Behavioural
Psychotherapist and Director at Goldmark
Training*

Tahira Hussain has extensive experience working in the statutory and voluntary sector. She had a 19-year career in social work, mental health, community development, charity and the housing sector. She has a successful track record in consultancy, training and project management. Qualified as a cognitive behavioural psychotherapist, she is a member of the BABCP and BPS. Working as a training associate for national agencies she has utilised her experience in the housing, health and care sector and delivered a menu of training packages aimed to support staff, stakeholders and residents on a range of topics including mental health

awareness, mental health and wellbeing, safeguarding children & adults, equality & diversity, stress management, managing depression, effective psychological intervention and developing self-esteem. Tahira is also an approved therapist to support wellbeing and awareness of mental health through training and CBT therapies.



What we do...

We provide value based corporate training packages and wellbeing solutions to public and private organisations in the UK and abroad.

Here is a catalogue of the courses we offer at Goldmark Training. If you have any questions or would like a bespoke offering, please contact us at: hello@goldmarktraining.co.uk.



[watch our promotional video here](#)





Domestic Abuse – It's Time to Talk

This one day course looks at definitions of domestic violence, myths and statistics, reasons why it is difficult to leave an abusive relationship, indicators of domestic violence and how to provide support to those affected. The course will explore our roles and responsibilities in the context of work based scenarios.



Safeguarding Children and Child Protection

Safeguarding children is a key responsibility for professionals whose work may bring them into contact (including by telephone) with children and their families. This one-day course is designed to give staff and agencies a comprehensive introduction to child protection and safeguarding children.



Safeguarding Vulnerable Adults

Safeguarding adults is everyone's business and has a key role to play. Staff must be alert to the signs of abuse and aware of their responsibilities. The course will raise awareness of adults at risk, the systems to safeguard them, and the role and responsibilities of all staff and partner agencies. Learning will be supported by case scenarios, small group working and discussion.



Safeguarding Adults and Children – Combined Course

The course will raise awareness of adults & children at risk, the systems to safeguard them, and the role and responsibilities of all staff and partner agencies. Professionals whose work may bring them into contact (including by telephone) with service users must be alert to the signs of abuse and aware of these responsibilities.



Mental Health Awareness and the Mental Capacity Act

The aim of the course is to explain the basic provisions of the Act, explain the five core Principles, and look at who the Act affects. The course should enable staff to understand the key principles of the Mental Capacity Act, support people to make their own decisions and unwise decisions. They should be able to advise around assessing capacity and making decisions in a person's best interests consider the use of an Independent Mental Capacity Advocate (IMCA) within the limits of their job role and understand the processes for escalating concerns, recording and reporting procedures.



Modern Day Slavery

This course will introduce participants to the subject of modern day slavery. The course will enable staff to develop skills for better identification and working with vulnerable adults or children who may have been exploited. The course will introduce staff to the Modern Slavery Bill 2014, the different forms of modern slavery and understand the processes for escalating concerns, recording and reporting procedures.



Lone Working and Risk Management

The lone working and risk training will enable participants to recognise potentially difficult situations, know how to respond assertively, cover lone working procedures and personal safety in daily and emergency situations.



The Care Act 2014 – Overview

This comprehensive briefing will outline the key changes introduced in the Care Act 2014; detail the roles of staff, agencies, specific duties and key regulatory requirements. It will consider how it modernises the law so that people's wellbeing is at the heart of the care and support system.



Professional Boundaries

Clear professional boundaries are essential for organisations to deliver a high quality service. It is crucial that staff understand the nature and limits of their roles and are able to recognise the 'grey areas' where they are at risk of crossing their professional boundaries. This course presents a comprehensive overview and explores personal roles and responsibilities.